



# Ross Bridge 8K Run/Walk & Health Expo September 5, 2009

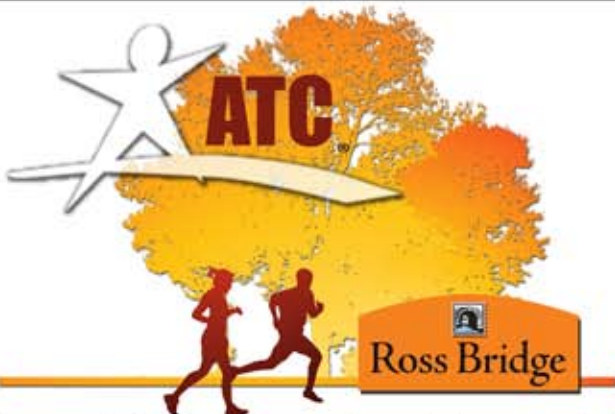
The Ross Bridge 8K Run/Walk & Health Expo is a race experience like no other! Our aim is to create a family friendly atmosphere, while at the same time conduct a competitive 8K run. A band will be featured at the start/finish line and delicious Chick-Fil-A biscuits will be available as part of your race registration. Medals will be given away for the top three finishers in each age category plus grand prizes for the top male and female. The professionally measured course includes a scenic route starting in the Ross Bridge Village Center, carefully patterned after historic resort style living of early America, crossing through the six distinctive neighborhoods of the classic American resort town. The route also takes advantage of just some of the five miles of activity trails that criss cross a slice of Civil War era history, with a grand finish at the vintage train station and welcome center!

Please join us on September 5th for the Ross Bridge 8K Run/Walk & Health Expo! Proceeds from the events will benefit Alabama Teen Challenge. For more than 50 years Teen Challenge has been providing quality residential, low cost drug and alcohol recovery programs for individuals of all ages. Additionally, Ross Bridge will host the Mercedes Kids Run kick-off and a Fresh Market event, making this a don't miss opportunity!

**Saturday, September 5, 2009  
8:00 A.M.  
2101 Grand Avenue  
Hoover, Alabama 35226**

For more information, please visit  
[www.alabamateenchallenge.org/8k.php](http://www.alabamateenchallenge.org/8k.php)

To become an official Ross Bridge 8K sponsor, volunteer or participant, please register online at [www.active.com](http://www.active.com) (Key Word - Ross Bridge)



**Online Registration Available At Active.com  
Or Complete & Mail This Registration Form:**

T-Shirt Size:  M  L  XL  2XL  
 Age: \_\_\_\_\_ Gender: M / F  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_  
 Zip: \_\_\_\_\_ Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_  
 E-mail: \_\_\_\_\_

Cash  Check  MC  Visa  Discover  Amex Card# \_\_\_\_\_  
 3/4 Digit Security Code (See Back of Card) \_\_\_\_\_ Exp. Date: MM/YY \_\_\_\_ / \_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
 Representative Signature & Waiver Agreement (See Reverse): \_\_\_\_\_

Please make checks payable to Alabama Teen Challenge, P.O. Box 3447, Oxford, AL 36203 205-780-2950 / 205-763-0909